



2023 YEAR IN REVIEW

NOTE FROM EXECUTIVE DIRECTOR: MADELEINE DORVAL-MOLLER



Madeline Dorval-Moller
Executive Director

We are living in an era marked by social upheavals, characterized by wars, gun violence, global humanitarian crisis, and natural disasters. Still, the previous year, 2022, was in some ways a hopeful year: many of us tossed our masks away; we took our postponed vacations; Kathy Hochul became the first woman Governor of New York; and Ketanji Brown Jackson became the first Black woman to be an Associate Justice of the United States Supreme Court. However, in 2023 there were major setbacks, led by the Supreme Court's reversal of Roe. Now, in 38 states, women have lost the right to their bodily autonomy! With the reversal of Roe, women, particularly women of color, immigrant women, and women like Yeni Alvarez Glick from rural communities with maternal care deserts, will continue to die from preventable maternal death causes. In a country as rich as the United States, this means women are dying unnecessarily! Preventable maternal deaths continue to persist in the US because of pervasive systemic inequity associated with unmet health-related social needs, including: housing insecurity, lack of access to health care, food insecurity and lack of employment. What is unnerving is that we have the means to address these social needs and take care of our citizens! And so I call on all of us to renew our commitment to working toward a systems change. At NMPP we are steadfast in our quest to work to remove systemic health inequities, to save one baby, one mother at a time. Pointedly, we take a multi-pronged approach through collaboration, education and advocacy to bring about comprehensive change.

In this 2023 Year in Review, we highlight our accomplishments, including some major research collaborations with Columbia University, NYP Hospital & Weill Cornell, and three community organizations - the Caribbean Health Association, Black Women Blueprint, and Bridge Directory - to launch the NY CHAMP, a multi-year NIH funded project. And we continue our work with the Community Doula Initiative (CDI), a community project sponsored by the New York City Department of Health and Mental Hygiene (DOMH).

In these uncertain times, we at NMPP want to renew our unwavering commitment to this crusade, and we thank each of our funders and allies for the support and confidence they have shown us!

ACCOMPLISHMENTS

Building Community Doula Capacity to Help Reduce Disparities in Maternal Health Outcomes

NMPP was among the 7 community organizations who received funding from the New York City Department of Health and Mental Hygiene (DOMH) to spearhead the Citywide Doula Initiative (CDI).

This CDI project provides free professional doula services to residents of neighborhoods that have been especially affected by COVID-19. The Citywide Doula Initiative aims to improve access to doula support by:



NMPP ED (right) and NMPP CDI Doulas

Providing no-cost doula care in underserved neighborhoods citywide

Training community residents as doulas

Building doula capacity
Supporting hospitals in becoming more doula-friendly.

Doula Services Include:

Birth Support: Emotional, physical and informational support during your labor and birth, both at home and at the hospital, as well as support and help with breastfeeding immediately after the birth.

In-Person/Virtual Meetings: Three prenatal meetings and four postpartum meetings in your home, or in another place you choose.

Birth Plan: Help in creating a birth plan to guide your choices during labor and delivery.

Accomplishments:

In 2023, NMPP's CDI doulas provided doula care for 100 residents in Harlem, Washington Heights, Inwood and the Bronx.

GREATER HARLEM HEALTHY START (GHHS) COMMUNITY DOULA PROJECT



Doula Apprentice & Doula Coordinator

In May 2022, The Health Resources and Services Administration (HRSA) provided additional funding to incorporate Community-Based Doula services into the Greater Harlem Healthy Start (GHSS) program with the purpose of enhancing the GHHS services to help expectant mothers:

- achieve a positive experience during both labor and the post-natal period
- help empower GHHS expectant mothers to express their needs to their health providers for achieving a positive birth experience
- help reduce disparities in maternal health outcomes.

Accomplishments:

In 2023, the GHHS Community-Based Doula Project, in partnership with Public Health Solutions, trained 30 local residents to become community Doulas. The NMPP GHHS alone provided full spectrum doula care for 85 participants in that year.

NMPP/NYP POST-PARTUM DOULA PROGRAM (FORMERLY EMBRACE)

In partnership with New York Presbyterian Hospital (NYP), the post-partum doula program is designed to serve patients receiving obstetric care in the Ambulatory Care Clinics, the NYP Allen Hospital, and the NYP Morgan Stanley Children's Hospital. During their second or third trimesters, based on risks factors, patients are identified and referred to the post-partum program by either their OB provider or additional staff, such as nursing, health navigator (HN), or social workers.

The Post-Partum Doula program provides:

- 6-8 weekly visits, including a childbirth planning session, if referred before giving birth
- Provide emotional support for the mental and physical wellbeing of the mother during the post-partum period
- Address issues of postpartum depression
- Assess for post-delivery complications
- Provide breast feeding support

Ensure patients attend their 1-2 week virtual postpartum visit and their 6th week in-person postpartum appointment

- 2 antenatal visits including birth plan preferences plus 6-8 weekly visits in the postpartum period

- Topics covered: prenatal education, support with breastfeeding and early bonding, emotional and physical recovery from birth, self-care, infant soothing, basic newborn care, nutrition and sleep support

Accomplishments:

In 2023 the Program provided post-partum doula care for 115 patients.

At the end of 2023 NMPP received funding from the Monarch Foundation and the Mother Cabrini Foundation to train community residents who speak Spanish or French/Bambara to build doula capacity to serve more Latina immigrants and West African immigrants, two primary target populations of NMPP. In 2024 NMPP plans to train 100 community residents as community doulas, free of charge.

WHY COMMUNITY DOULAS MATTER

According to research, doula assisted mothers are more likely to experience a positive birth outcome. They are four times less likely to experience childbirth complications, and are more likely to initiate breastfeeding. Moreover, studies suggest doula assisted births result in reductions in: cesarean births, need for oxytocin augmentation, and duration of labor. In addition, doula care has been proven helpful for single mothers who are giving birth in a hospital setting. (<https://pubmed.ncbi.nlm.nih.gov/24381478/>).

A FIRST TIME MOM'S TESTIMONIAL



“Motherhood starts during pregnancy. I worried about everything. What I can/can’t eat? What’s my birthing plan? Do I know how to change a diaper? Is my laundry detergent safe? Am I going to be a good mom? Healthy Families Central Harlem found me and found me a doula. She calmed my nerves. She taught me which exercises are good for the pelvic floor, which birthing ball to use and how a peanut ball can help. Lost and unprepared is what I would have been without her.

Push time! My doula stayed the 2 days of labor. Due to complications, the birthing plan changed. She adapted quickly and helped me adjust. I planned for a natural birth but had a C-section. The C-section was extremely scary because I developed the shakes but because my baby’s heart rate was dropping it had to be done. She held my hand and didn’t let go. Every mom needs a doula. Doulas experience different deliveries and are prepared for everything, which makes them the best teammate. My daughter Joy and I are both healthy and happy. I have so much gratitude for the love and care our doula showed us.”

FAMILY WELLNESS SUPPORT



Throughout the year our community health workers, family support workers, health educators and case managers promote family wellness using the Parenting Journey, Growing Great Kids and 24/7 Dads curricula, to communicate effective parenting practices, targeting mothers as well as fathers. Topics covered include: effective parenting, infant attachment, nutrition, and maintaining good mental health. Depression screening

tools are administered for all pregnant and postpartum women, as well as intimate partner violence screening tools, as needed, on a confidential, one-on-one basis. We provide in-home support, and our certified lactation counselor promotes breastfeeding by providing both one-on-one support as well as support groups.

THE GREATER HARLEM HEALTHY START PROGRAM (GHHS)



The purpose of HS is to improve health outcomes before, during, and after pregnancy, and to reduce the well-documented racial/ethnic differences in rates of infant death and adverse perinatal outcomes. In 2023 GHHS piloted the federal Benefits Bundle project. The aim of this project is to connect families (with new babies) to a bundle of supportive services via case management. Each bundle is customized to specific communities.

GHHS trained two bilingual former clients as Peer support specialists. 50 families have connected to supportive services and government benefits from this effort.

Accomplishments:

- GHHS served 1,085 Healthy Start unduplicated participants
- 271 prenatal women served
- 157 interconception women served
- 162 fathers served
- 256 children (aged 0-12 months) and 239 children (aged 1+).
- 99.8% participants completed their postpartum visit within the 6 to 7 weeks
- 99.7% completed their timely well baby visit
- 100% participants had documented birth plans
- 81.4% participants who became pregnant again practiced 18 month birth spacing
- 96 participants received safe sleep education on an individual basis
- 49 participants received parenting education on an individual basis

CLINICAL SERVICES



Additional HRSA funding for clinical services has allowed the program to utilize a nurse midwife and a registered dietician to work with our pregnant women. We are facing a maternal health crisis in the United States in which maternal deaths continue to be the highest among industrialized countries. According to the CDC, two thirds of these deaths are preventable. Severe maternal morbidity and comorbidity occurs in more than 25,000 deliveries nationally and in approximately 2,900 deliveries in NYC each year. In addition, up to one in four postpartum women develop a depressive disorder.

Accomplishments:

In 2023 our Nurse Midwife and our registered dietician served 143 pregnant women through one-on-one consultations and education group workshops on topics ranging from:

- what to expect when giving birth in the hospital
- how to reduce stress at home to reduce maternal mortality risk factors
- building your professional child birthing team
- 4th trimester and isolation risk factors
- Gestational Diabetes
- Pre-eclampsia
- Pregnancy and cardiovascular
- Child birth spacing and more.

Our Registered Dietitian provided workshops to pregnant women with topics including:

- Risks associated with overweight and obesity prior to pregnancy
- Foods associated with increased and decreased risk of gestational diabetes
- Nutrition for infants
- Transitioning from liquids to solids

The inclusion of the Certified Nurse Midwife, Registered Dietitian and Doulas into our program offerings aims to address the needs of these high-risk pregnant women in our target area.

MANAGED CARE CONSUMER ASSISTANCE PROGRAM (MCCAP)



The Managed Care Consumer Assistance Program (MCCAP) is a project funded through the City Council of NY, with the Community Service Society of NY (CSS) being the lead agency.

Accomplishments:

- In partnership with CSS, NMPP GGHS assisted over 250 adult participants access health insurance
- provided free, quality reproductive health/family planning services, Referrals to mental health services, and quality well- women visit care.

PERINATAL AND INFANT COMMUNITY HEALTH COLLABORATIVE (PICHC)

The goal of the Perinatal and Infant Community Health Collaborative (PICHC) initiative is to support community-based efforts to improve overall health and well-being of birthing people and their families and improve health outcomes. The PICHC program uses a reproductive justice framework, which means ensuring that every person understands their right to make decisions about their own bodies, including whether they want to have children or not.

Accomplishments:

- Provided case management services to 123 pregnant/postpartum and parenting women
- Connected 15 clients to doula support, 11 to prenatal doula support
- Provided 819 encounters to deliver education, advocacy, referrals, and assistance obtaining social support services
- 75.5% initiation of breastfeeding after delivery
- 70% initiated prenatal care in the first trimester
- 78% attended well visits
- 83% in need of oral health intervention completed their referral
- 73% of all other referral made were completed
- 100% of clients referred for health insurance were enrolled



The PICHC program also works together with communities to reduce racial, ethnic, and economic disparities in health outcomes and address the factors that affect racial and ethnic disparities.

RAISING COMMUNITY VOICES FOR IMPROVING MATERNAL HEALTH



Birth Justice Defenders (BJDs)

Funded by the NYC Department of Health and Mental Hygiene (DOMH), NMPP serves as a HUB for the Manhattan Birth Justice Defenders (BJDs) since 2021. BJDs are community residents who create innovative ways to educate their communities about their rights, and advocate for an environment where pregnant women feel supported in asserting those rights in order to have safe and dignified birth experiences.

Accomplishments:

Under the umbrella of NMPP's PICH program, we provided a platform to support monthly meetings, training, and activities for 15 active BJDs. We support activities that focus on:

- Respectful care
- BJDs participated in 9 community events to share information about the right to respectful care
- BJDs participated in skill building trainings, including a six-week training on Family Life and Sexuality training
- stress management
- personal chronology
- effective communication with children
- body image, male and female reproductive systems and STI
- BJDs also completed trainings on CPR for adults and Infants, and Pregnancy and Lead
- Breastfeeding, Chronic disease management, and Know your rights beyond NYC

CENTRAL HARLEM HEALTHY FAMILIES

Healthy Families is a community program that partners with parents to build a community of happy, healthy, safe & smart children, who are ready for school. This evidenced based program provides home visiting services that empower families. The program works with a family from pregnancy until the child is five years old.

Accomplishments:

For FY 23, The Healthy Families Central Harlem Program:

- Served 83 families
- Screened 63 families
- 27 families completed assessment, 22 of which were prenatal
- 26 new families were enrolled
- 792 home visits were conducted.

Central Harlem Healthy Families is one of the community Partners of NYU Langone Health's Institute for Excellence in Health Equity. In July 2023, the Institute received \$12.5 million in funding from NIH to develop a digital intervention to address the maternal mortality crisis. For more info about this project click on this link <https://nyulangone.org/news/nyu-langone-healths-institute-excellence-health-equity-receives-125-million-new-digital-intervention-address-maternal-mortality-crisis>.

NMPP/ NYP PEDIATRIC COMMUNITY HEALTH WORKER CHILDREN WITH SPECIAL NEEDS

The Pediatric Community Health Worker (CHW) Program supports caregivers of children with special health care needs to understand and manage their child's condition and to address clinical and social needs. Bilingual CHWs are placed in community-based organizations, allowing them to remain anchored in the community while maintaining a strong presence in the hospital, where they provide education and support to patients. Throughout the year the CHWs conduct home/virtual visits, and accompany clients to their appointments.



Accomplishments:

The Pediatric Community Health Worker (CHW) Program served:

- 111 patients received on-to-one education and support
- 109 patients enrolled
- 27 patients complete the program
- 85% of patients reported a decreased level of stress at discharged as compared to intake
- 99% of patients reported they had the right access to assist with their children's condition
- 97% of patients reported having felt control over their children's condition at discharge

OBERKOTTER

In 2018 with funding from the Oberkotter Foundation, NMPP and CCHN co-developed a project for children with hearing loss. All newborns were screened for hearing loss.

Accomplishments in FY 2023

- 12 infants/parents were enrolled
- 8 infants/parents completed the program
- 7 received one-on-one education support

A Study about the Project “Community Health Worker Intervention for Newborns Not Passing Initial Universal Hearing Screening” was published by the Annals of Otology, Rhinology & Laryngology. For more information, see: Annals of Otology, Rhinology & Laryngology 2024, Vol. 133(2) 129–135 © The Author(s) 2023. Article reuse guidelines: sagepub.com/journals-permissions. DOI: [10.1177/00034894231191314](https://doi.org/10.1177/00034894231191314) journals.sagepub.com/home/aor.

COLLABORATIVE RESEARCH PROJECTS FOR IMPROVING MATERNAL HEALTH EQUITY

We remain steadfast in our commitment to reducing disparities in maternal health. Toward that end we collaborate on several research projects by serving as community co/lead partners for these research projects. If successful, these ground breaking projects will turn the tide toward improving maternal health. The following are the research projects that NMPP serves on as a community co/lead partner:

NY-CHAMP: Aims to transform maternal health by conducting highly innovative, integrated, multilayered research with our community to reduce SMM and MM and promote health equity for NYC and NYS birthing individuals. The project will work to:

- Identify and address the links between structural racism and SMM/MM disparities & between unmet needs/SDOH and SMM/MM disparities, through comorbid biologic and psychologic pathways.
- Collaboratively design scalable interventions with partners, grounded in anti-racism and empowerment, for equitable care access and policy change.
- Settings: Key NYC neighborhoods: Washington Heights & Harlem in Northern Manhattan; Jamaica, Queens; and Crown Heights, Brooklyn; Underserved rural upstate counties: Chemung and Livingston, which are maternity care deserts.

Maternal Sepsis: EnCoReMoMS: Engaging Communities to Reduce Morbidity from Maternal Sepsis is a research project at Columbia University focused on exploring the experiences, needs, and perceived solutions for maternal care continuity, sepsis prevention, and promotion of equity in postpartum.

NY Doula: Integrated Supportive Care Policies to Improve Maternal Health Equity: Evaluating the Multi-Level Effects and Implementation of Doula Programs for Medicaid-Eligible Birthing People in New York City.

NORTHERN MANHATTAN HEAD START (NMHS)

NMHS is a multi-funded program established in 2000 under the umbrella of NMPP. Our mission is to support families in transitioning their children appropriately into the educational system, and to holistically prepare them to enter the larger educational environment ready to learn. NMHS delivers center based Head Start/PreK services under the Department of Education (DOE).



June 2023 Graduation

2Our vision is to work as a collaborative unit of staff members, parents, community and stakeholders to provide quality early childhood education for the children and families in our community.

The foundation of our process is early childhood education best practices, undergirded by family engagement, health and nutrition services, while working closely with our community partners.

Our philosophy in early childhood education recognizes that children develop at different times and are skilled in different areas. Our curriculum allows teachers to make plans for children taking into account the abilities and needs of children within a group and also the individual capabilities of each child.

Accomplishments:

For School Year 2023, Northern Manhattan Head Start:

- Served 185 students, including 6 living in the shelter system, and 3 asylum seekers
- 15 parents participated in Mental Health Workshops: What is Child Abuse; and Developmental Milestones
- 50 fathers participated in Fatherhood events, including The Importance of Fathers; and the National Dads Bring your Child to School Day:
- Partnered with the North Manhattan Alumnae Chapter of Delta Sigma Theta Sorority Incorporated, and Stellar Home Care to distribute Christmas Toys
- Distributed 185 coats
- Distributed 185 backpacks with supplies for at-home learning
- Partnered with CHALK to provide Nutrition Classes and food box distribution
- Coaching for Teaching Staff: To enhance the quality of education provided, we invested in coaching programs for our teaching staff.

TEACHER'S SPOTLIGHT

As we look back on this remarkable year, we are grateful for the dedication and passion of our staff, the unwavering support of our community, and the growth and achievements of our students. We remain committed to providing an exceptional preschool program that nurtures

the holistic development of each child and fosters a lifelong love for learning. Together we have created a year filled with milestones worth celebrating, and we eagerly look forward to the continued success and growth of our program in the years to come.

Northern Manhattan Highlights Two Phenomenal Teachers



Brianna Diaz



Angela Morris

Ms. Brianna Diaz has been with NMPP for the past two years. She started as a summer youth volunteer at the age of sixteen and later transitioned into a summer youth position. It was during this time that Brianna discovered her passion for working with preschoolers.

On the other hand, Ms. Angela Morris has been an invaluable member of the NMPP Head Start team for over sixteen years. Describing her as a pillar of the program would be an understatement. Ms. Morris's passion for teaching her students has not diminished but rather grown stronger, demonstrating unwavering love and zeal for working with all students.

Throughout the school year, both Ms. Brianna and Ms. Morris have shown remarkable growth and accomplishments. Their dedication and commitment to their profession are evident, as they consistently arrive on time and ready to nurture and educate young minds. What sets these teachers apart is their deep understanding of child development. They continually delve into the intricacies of how children learn and grow, constantly seeking new strategies and techniques to enhance their teaching methods.

Their commitment to ongoing professional development and staying abreast of the latest research in early childhood education is truly commendable. Not only do these teachers focus on the academic aspect of their role, but they also possess a genuine desire to support and nurture the children in their care. They actively seek solutions to any challenges that arise, going above and beyond to ensure each child receives the individualized attention they need to thrive. Their ability to identify and address the unique needs of each child is truly remarkable. In addition to their exceptional work with the children, these teachers also excel in building strong relationships with parents. They understand the importance of a collaborative approach and actively engage parents in the educational journey of their children. By fostering open lines of communication

and providing regular updates, these teachers have created a supportive and inclusive environment that benefits both the children and their families.

One of the most inspiring aspects of these teachers' growth is their unwavering commitment to teamwork. They understand the power of collaboration and actively contribute to a cohesive and supportive teaching team. Their willingness to share ideas, support their colleagues, and work together towards a common goal is truly commendable. It is evident that these preschool teachers have thrived in their roles, continuously striving to make things better for the children in their care. Their growth and accomplishments are a testament to their passion for early childhood education and their unwavering dedication to the children, parents, and their fellow educators. We salute both teachers and recognize their work.

COMMUNITY WORKERS CAN MAKE A DIFFERENCE

Inspired by her Community Health Worker, a Former Program Participant Becomes a Community Health Worker and is Now Helping Others



Darlene Santana

“The year 2022 felt like there would never be a light at the end of the tunnel. After relocating with 3 of my children to NYC and surviving severe domestic violence, having to endure all the pain and struggles, getting back on my feet in 2019 was a great achievement. However, the pandemic was a turning point in my life. After losing my job and a close family member, I fell into a severe depression. My health was completely deteriorating, I was losing my home and the stability that I had fought so hard for my children to have. My life was in shambles and then I received the news I was expecting again. With no time for excuses, I had to do something. Although I was lost I knew I wanted nothing but the best for my unborn child. Deep inside I knew I had to work on myself but I didn’t **know how or where to start**. I wasn’t open to speaking about my problems at a doctor's office or answering any questions other than the basics. Due to my food insecurity, I was referred to this amazing program that saved my life.

I (first) met Karen, who was my community health worker at the time. From the day she introduced herself, I knew she was different. She heard me and understood my struggles without judging but instead helped me organize my plans so that I could work towards achieving my goals. I was a hard cookie to swallow and at first, did not put much effort into my future. My community health worker did not give up on me. We set goals and created a plan. I followed through going back to school, attending therapy, and began the process of healing. I was able to look at my wounds and find my passion. I cannot stress the importance and impact we make in our community. I was once that lost girl that opened up to a familiar face that was willing to listen. I made the change that was needed in my life. Today I’m a community health worker myself, ready to empower these wonderful women in my community. As CHWs we are the first direct point of

contact with the patients. It is extremely important we make a connection with our patients in order to make an impact. Listening to our community's concerns is the key to finding a solution. Today I am thankful. I was thankful for the referral from NYP to the Northern Manhattan Perinatal Partnership and the opportunity to be a patient here. I honestly know I wouldn't have gotten this far without the push of my community health worker at the time (Karen). I am thankful because today I am standing by others and helping these women through their process of reaching their goals. Today I understand the importance of working in your community and understanding the everyday struggles. For some reason, it is easier for us to open up to someone we can relate to, and that makes a huge difference in the community. I am now a voice and today I get to sit on the other side of the table. Today I get to walk these beautiful strong and powerful women through their journey and empower them to strive for success as I was once in their shoes as well.”

COMMUNITY ENGAGEMENT

Throughout the year, NMPP hosts in-person events to engage its stakeholders. As we reflect on the past year, we are proud to share the incredible achievements and initiatives that made NMPP so unique. From the introduction of innovative programs to the strengthening of our staff's professional development, here are highlights of the remarkable milestones we have accomplished:

Bringing Fathers to School: We recognized the importance of involving fathers in their child's education and organized special events that encouraged fathers to actively participate in our program, such as “National Dads Bring Your Child to School Day”. These events fostered stronger bonds between fathers and their children, creating a more supportive and nurturing learning environment.



Food Distribution: In collaboration with CHALK, a local program, we were able to organize food distribution initiatives to support families in need, promoting healthy eating habits. These efforts aimed to alleviate food insecurity and ensure that our students and their families had access to nutritious meals beyond school hours.



Coat Drive: Recognizing the importance of keeping our students warm during the colder months, we held a successful coat drive. Through the generosity of our community, we were able to provide 185 warm coats to those in need, ensuring that our students were comfortable and protected during the winter season.



Toy Drive: We collaborated with the North Manhattan Alumnae Chapter of Delta Sigma Theta Sorority, and Stellar Home Care to distribute Christmas Toys, bringing joy to our students.



Nutrition Classes: We partnered with Cornell University Cooperative Extension to provide a series of nutrition classes. 12 Participants graduated from the program.



Legislative Breakfast: In March 2023 NMPP held a Legislative Breakfast on Women’s Health Equity, attended by over 100 providers, community leaders and elected officials.



Telehealth Mini Conference: Last April we held a mini conference to share our findings on Telehealth, a collaborative project between NYP Hospital and UAlbany (SUNY). In 2021, NMPP received funding from the New York Health Foundation (NYHF) to build a patient-driven model for perinatal care delivered through telehealth. In particular, the project sought to identify ways to enhance patients’ access to and use of a patient portal, MyChart/Connect 1 and video visits with providers accessed through MyChart.



For more information about the reports and findings click on these links:

Final Report for the Northern Manhattan Perinatal Partnership Telehealth Project.

https://nmppcares.org/sites/default/files/2023-04/Final%20Report%20for%20the%20Northern%20Manhattan%20Perinatal%20Partnership%20Telehealth%20Project_050523.pdf

Community Residents Share their Experiences Accessing Healthcare

<https://nmppcares.org/sites/default/files/2023-04/Listening%20sessionNMPPHVPs.pdf>

[https://nmppcares.org/sites/default/files/2023-](https://nmppcares.org/sites/default/files/2023-04/CHW%20Telehealth%20Best%20Practice%20Manual.pdf)

[04/CHW%20Telehealth%20Best%20Practice%20Manual.pdf](https://nmppcares.org/sites/default/files/2023-04/CHW%20Telehealth%20Best%20Practice%20Manual.pdf)

Back to School Event: In partnership with Good + Foundation, Kappa Alpha Psy Inc, and Empire Blue Cross & Blue Shield, NMPP Healthy Start hosted a successful back to school event. Good Plus and Kappa Alpha donated the backpacks and school supplies.



Diaper Give Away Event: In November NMPP hosted a Diaper Give Away event where we distributed 100 boxes of diapers to 50 mothers for their infants and toddlers.



DMBP Visit: Deputy Manhattan Borough President, Keisha Sutton-James, during her visit at the Northern Manhattan Head Start in the fall.



For more information about NMPP, please feel free to visit our website at www.nmppcares.org, subscribe to our newsletter, or follow us on Facebook and Instagram @nmppcares.