

# YEAR IN REVIEW

# 20 24

Advancing Maternal Health, Strengthening  
Families, and Empowering Communities—  
A Look Back at Our Impact in 2024.



# INTRODUCTION

The start of a new year offers a moment to reflect on a year that has tested us in profound ways and to prepare for the challenges ahead. More importantly, it has reinforced the resilience of our communities and the significance of our mission. We are living through a time of rapid change and deep uncertainty. Social upheavals—marked by escalating wars, gun violence, humanitarian crises, climate-related disasters, and economic instability—have reshaped the global landscape. Here in the United States, the fight for justice and equity remains urgent. Women of color, immigrant families, and marginalized communities continue to bear the heaviest burdens, facing preventable maternal deaths, educational disparities, and deeply rooted systemic inequities.

The statistics are sobering: in 2024, the maternal mortality rate in the United States continued to rise, with Black women still experiencing a risk three to four times higher than their white counterparts. Nearly half of all maternal deaths could have been prevented with better access to care, yet too many women still lack essential resources due to economic instability, housing insecurity, and healthcare deserts. These preventable deaths are not just statistics—they are devastating losses that expose the harsh realities of systemic inequities.

Yet, even in these turbulent times, there are powerful glimmers of hope. Communities have come together to demand change, individuals have championed equality, and momentum for systemic transformation continues to grow. At Northern Manhattan Perinatal Partnership (NMPP), these moments of progress fuel our unwavering commitment to tackling health disparities head-on. One of the most significant milestones this year was our support for the first-in-the-nation Paid Prenatal Leave Law, signed by New York Governor Kathy Hochul. As of January 1, 2025, this landmark legislation ensures privately employed pregnant New Yorkers receive 20 additional hours of paid leave for prenatal care. This policy is a critical step forward in removing systemic barriers that prevent so many women—particularly those in low-income communities—from accessing vital maternal health services.

And while we celebrate this progress, the political landscape remains increasingly hostile to the people we serve. The past year has been overshadowed by horrific executive orders from President Trump, designed to strip away fundamental human rights, target immigrant communities, and further dismantle critical public health protections. Policies attacking reproductive rights, immigrant families, and access to social services threaten the very fabric of our work and the well-being of the communities we fight for.

At NMPP, we know that real change happens when we work together. Through collaboration, education, and advocacy, we are saving lives, empowering families, and building a future where every mother and child has the opportunity to thrive.

As we continue into 2025, we renew our commitment to this vital work and invite you to stand with us in the fight for maternal health equity. Together, we can confront systemic inequities, strengthen communities, and create lasting change.

Thank you for your unwavering support for mothers and belief in our mission.



NMPP's Executive Director, Madeleine Dorval-Moller

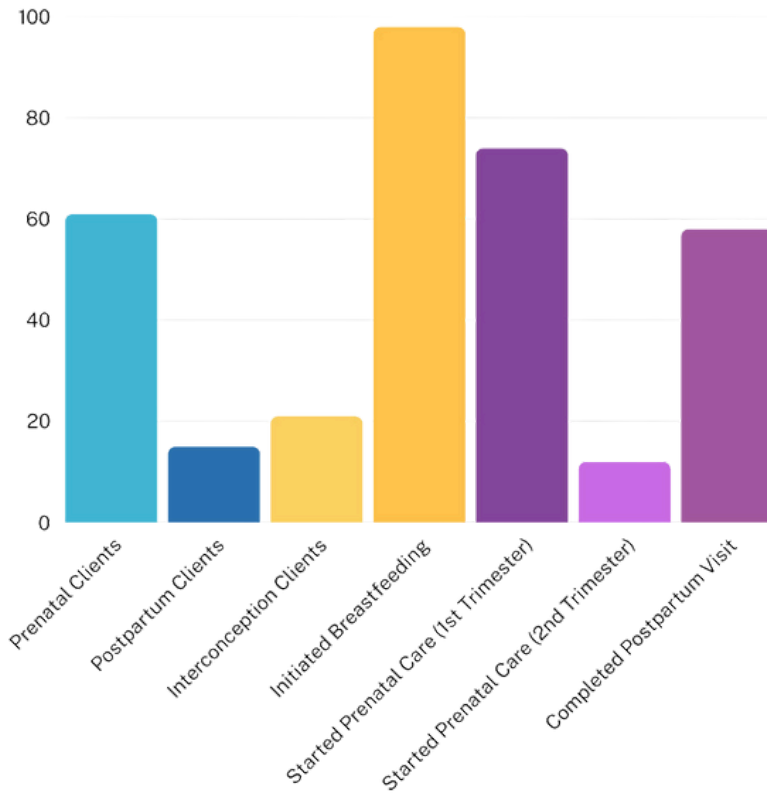


NMPP's Executive Director, with Community Health Worker Rosy Henriquez—who is expecting twins—alongside Governor Kathy Hochul at the January 3rd press conference.

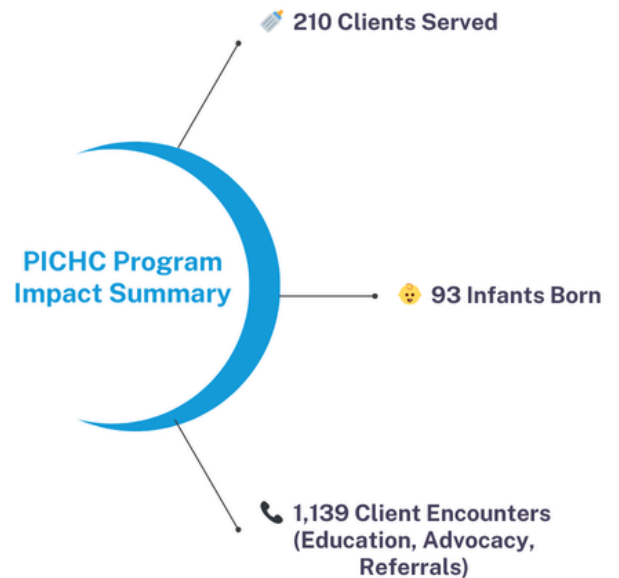
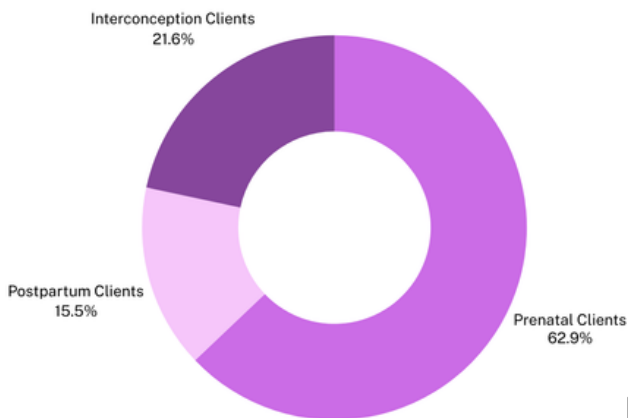
# PERINATAL AND INFANT COMMUNITY HEALTH COLLABORATIVE (PICHC)

The Perinatal and Infant Community Health Collaborative (PICHC) initiative is dedicated to strengthening community-based efforts that improve the health and well-being of birthing people and their families. Grounded in a reproductive justice framework, PICHC ensures that every individual has the right to make informed decisions about their bodies—including the choice of whether or not to have children. Through advocacy, education, and direct support, the program works to advance equitable health outcomes and empower families.

## PICHC Client Distribution & Key Health Metrics



## PICHC Client Distribution by Category

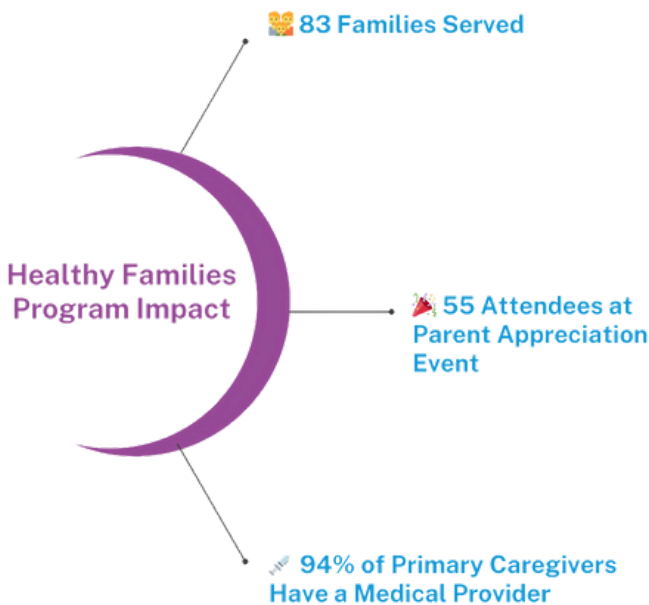
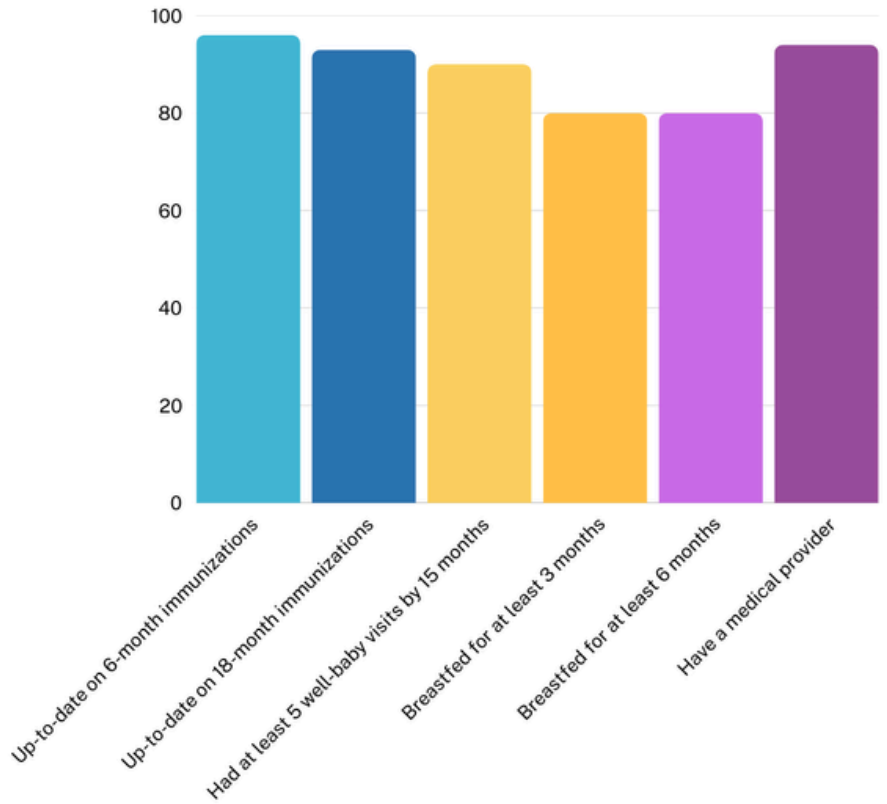


# CENTRAL HARLEM HEALTHY FAMILIES

Central Harlem Healthy Families is a community-based program dedicated to supporting parents and building strong foundations for children. Through evidence-based home visiting services, we empower families from pregnancy through the child's first five years, ensuring they receive the guidance, resources, and support needed for healthy child development.

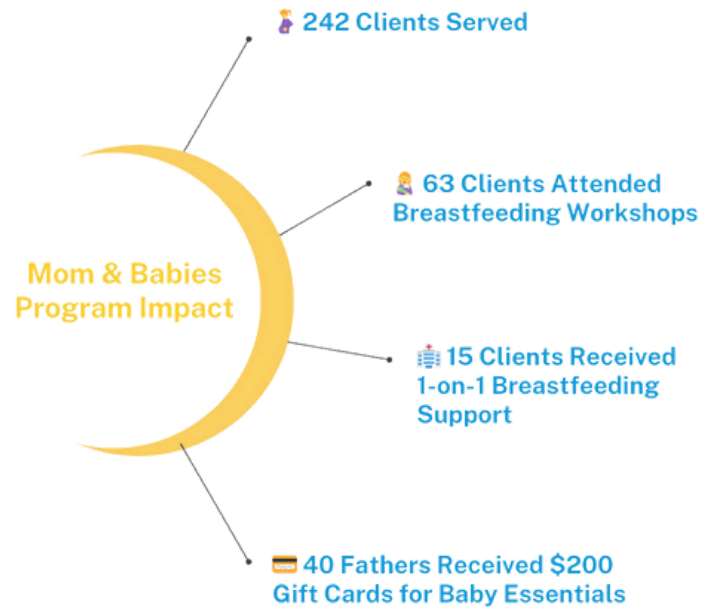
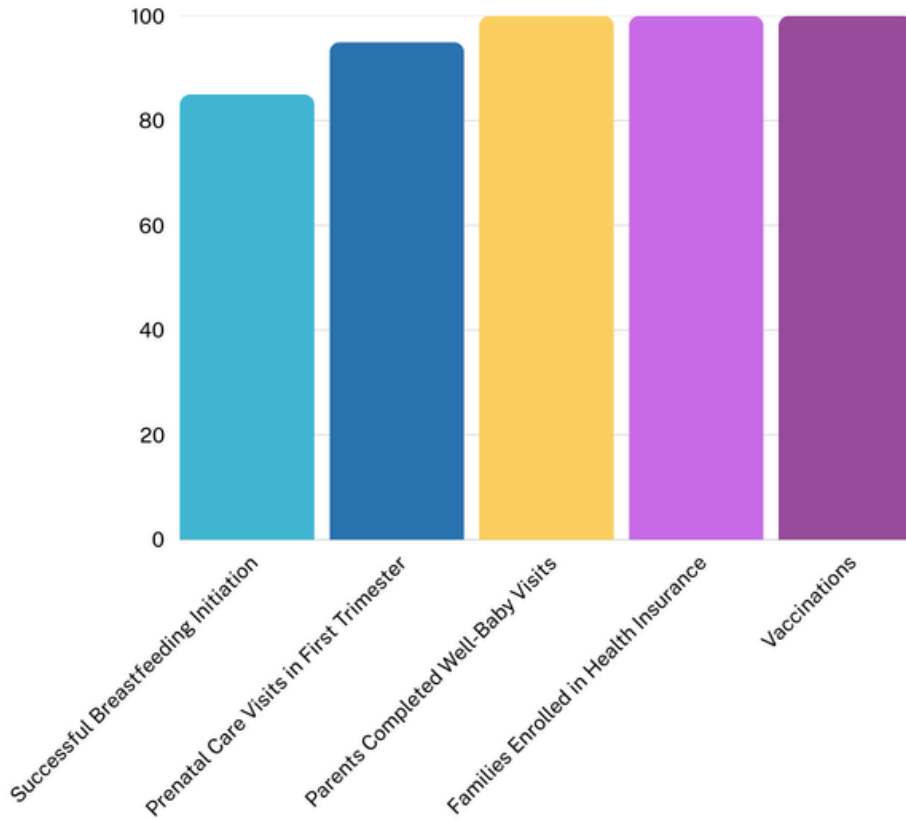
By fostering a safe, nurturing, and school-ready environment, Healthy Families equips parents with critical skills and connections to help their children thrive—physically, emotionally, and academically.

### Central Harlem Healthy Families Immunization & Checkups (% of Clients)



# MOM AND BABIES HEALTHY JOURNEY (FORMERLY HEALTHY START)

Mom & Babies: Breastfeeding & Health Success (% of Clients)



## FAMILY WELLNESS SUPPORT

Throughout the year, our Community Health Workers, Family Support Workers, Health Educators, and Case Managers have worked to promote family wellness by providing comprehensive education and support services. Using evidence-based curricula—including Parenting Journey, Growing Great Kids, and 24/7 Dads—we empower both mothers and fathers with effective parenting practices to strengthen family dynamics.

To support maternal mental health, we administer depression screenings for all pregnant and postpartum women, along with intimate partner violence screenings on a confidential, one-on-one basis. Additionally, our certified lactation counselor provides breastfeeding education, one-on-one consultations, and support groups to ensure that families receive the guidance they need for successful infant feeding.

Through these holistic efforts, NMPP remains committed to fostering healthy, stable, and empowered families across our communities.



# BUILDING COMMUNITY DOULA CAPACITY TO HELP REDUCE DISPARITIES IN MATERNAL HEALTH OUTCOMES

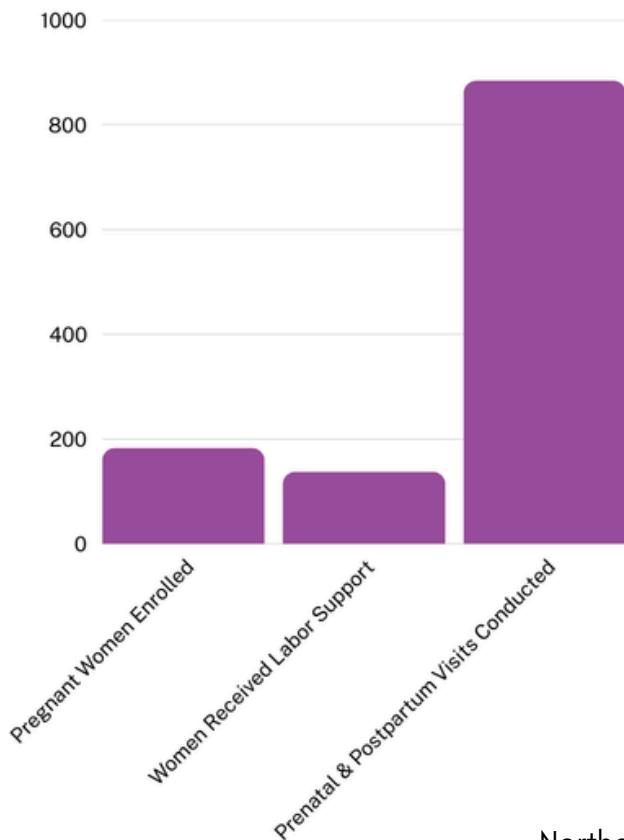
Through the Citywide Doula Initiative, NMPP has been a leader in providing critical doula care services to Medicaid-eligible birthing people since 2022. Our programs, in partnership with NYC Department of Health and New York Presbyterian Hospital, address disparities in maternal health by offering free doula support, training community doulas, and providing direct postpartum assistance.

## Impact of the Harlem Works



## Impact of the Citywide Doula Initiative (CDI)

Citywide Doula Initiative: 2024 Impact



# SUPPORTING MOTHERS BEYOND BIRTH: NMPP/NYP POSTPARTUM DOULA CARE & OBGYN COMMUNITY HEALTH WORKER PROGRAM

The NMPP/NYP Postpartum Doula Care & OBGYN Community Health Worker Program provides holistic postpartum and social support to patients receiving obstetric care at NYP Ambulatory Care Clinics, NYP Allen Hospital, and NYP Morgan Stanley Children’s Hospital. Patients with identified risk factors are referred during their second or third trimester by OB providers, nurses, health navigators, or social workers. Through 6–8 weekly visits, doulas offer emotional, physical, and informational support.

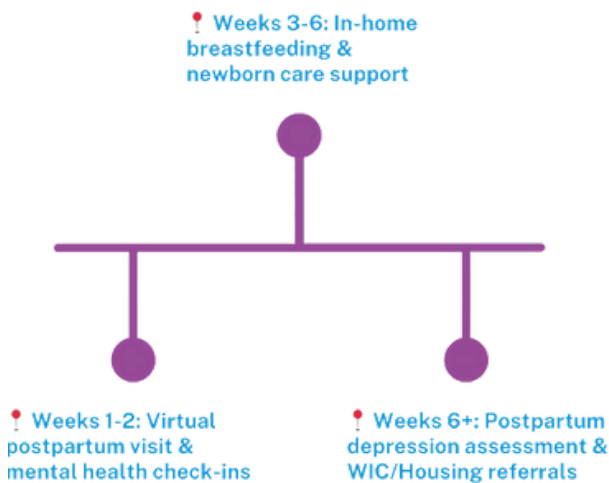
Additionally, OBGYN Community Health Workers (CHWs) provide home visits, appointment accompaniment, and referrals to essential services like WIC and Housing Connect to address unmet social health needs.

📌 **Program Impact in 2024:**

- 181 postpartum women referred for doula services
- 90 participants enrolled in postpartum doula care
- 286 patients referred to the OB Community Health Worker service
- 117 patients enrolled for CHW support
- 68 patients had their social care needs resolved



## Postpartum Doula Care: Supporting Mothers Beyond Birth



## What Doula Care Includes

- 👤 **Birth Support:** Emotional, physical, and informational labor support at home & hospital
- 🍼 **Breastfeeding Support:** Immediate postpartum help with breastfeeding
- 🏠 **Prenatal/Postpartum Meetings:** Three prenatal & four postpartum visits
- 📄 **Birth Planning:** Guidance on birth choices & preferences



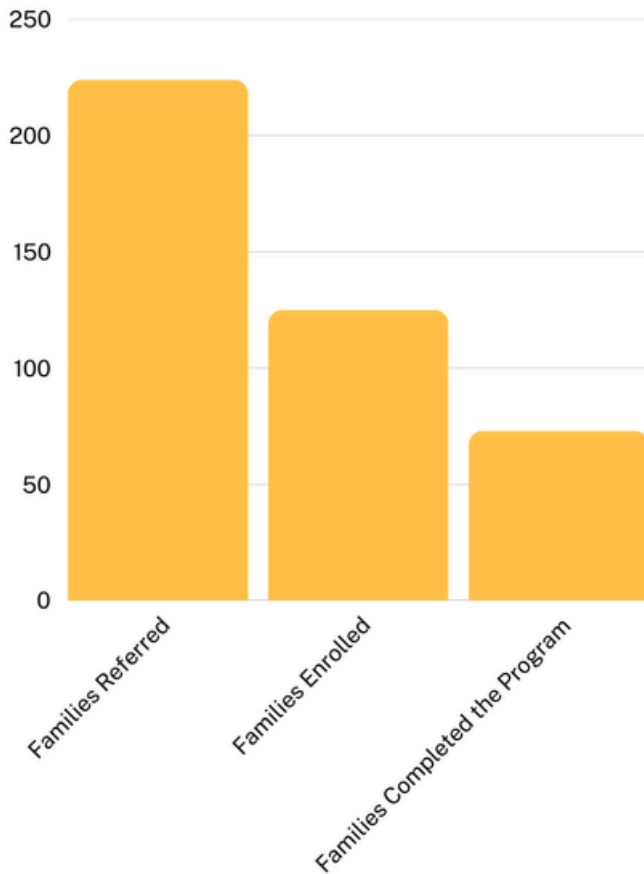
# NMPP/ NYP PEDIATRIC COMMUNITY HEALTH WORKER CHILDREN WITH HEALTH CONDITIONS

The Pediatric Community Health Worker (CHW) Program provides critical support for caregivers of children with complex health conditions, ensuring they have the resources and knowledge to manage their child’s medical and social needs. Bilingual CHWs remain embedded within the community while maintaining a strong hospital presence, offering home visits, virtual support, and in-person assistance at medical appointments.

## How CHWs Support Families: A Holistic Approach

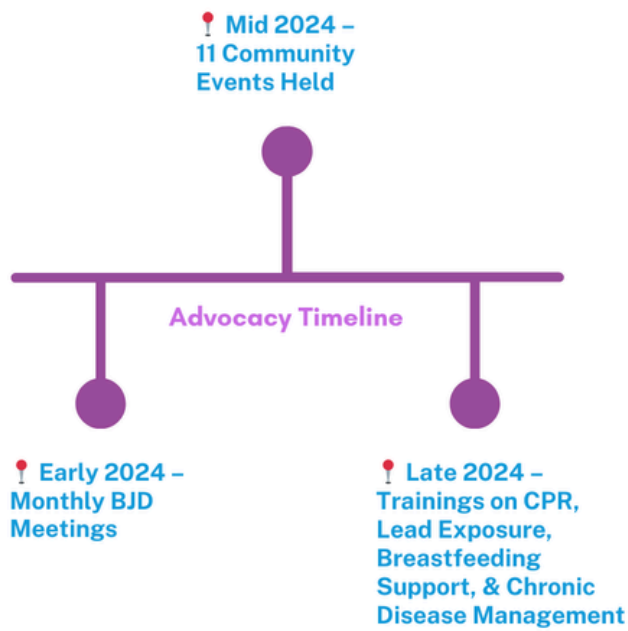


## Pediatric Community Health Worker Impact in 2024



# RAISING COMMUNITY VOICES FOR IMPROVING MATERNAL HEALTH (BIRTH JUSTICE DEFENDERS - BJDS)

## Empowering Birth Justice Defenders: Advocating for Maternal Rights



Since 2021, NMPP has served as the Manhattan HUB for the Birth Justice Defenders (BJDs), a community-led initiative that educates and empowers pregnant individuals to advocate for their rights and receive respectful, dignified maternal care. BJDs actively engage in public awareness campaigns, advocacy training, and community health outreach.

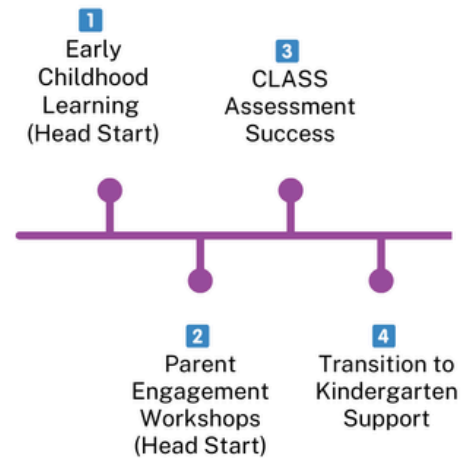


# NORTHERN MANHATTAN HEAD START

The Northern Manhattan Head Start (NMHS) program remains committed to high-quality early childhood education, family engagement, and school readiness. Through intentional learning environments and strong community support, NMHS ensures young children receive the social, emotional, and academic foundation needed for lifelong success.



## From Preschool to Kindergarten: Supporting School Readiness



## Investing in Early Learning: 2024 Head Start Achievements

  
185 Students Served, including support for Kindergarten Transition

  
4-Star Rating by NY's Quality Rating & Improvement System (QRIS)

  
Recognized for Parent Engagement by NYC Dept. of Early Childhood Education

  
Family Workshops & Special Events on Social-Emotional Learning, Asthma, & Home Safety

# COMMUNITY ENGAGEMENT HIGHLIGHTS



## EMPOWER

Northern Manhattan Perinatal Partnership

### A COMMUNITY BIRTH WORKER TRAINING



#### About Us

We are building the birth worker workforce by training & supporting bilingual community members to become full-spectrum doulas, childbirth educators, and community breastfeeding educators.



#### Apply for a Full Scholarship:

- If you are a native **French** speaker who is proficient in English
- If you want to create your own doula business and start working NOW
- If you live in upper Manhattan or the Bronx and want to serve your community

#### In-Person 4-Day Training

Thur, 9/12, Fri 9/13, Thur, 9/19, Fri 9/20  
from 10AM - 4PM

Required in person info session:  
Wed 7/17 at 4pm

**SCAN CODE FOR MORE DETAILS AND HOW TO APPLY!**



French Speaking Applicants

## STRENGTHENING FAMILIES & BUILDING CONNECTIONS IN 2024

🎓 Kindergarten Fair: 10+ schools connected with preschool families

🎁 Toy Drive: 300+ toys donated to children

🍼 Diaper Giveaway: 300 boxes distributed to 83 families

🍏 Nutrition Education: 20 attendees, 15 received counseling

🏥 Ask the Doctors Series: Pediatric health Q&A from Dec 2024-June 2025

👨👧👦 Father Support Initiative: 40 dads received \$200 gift cards for baby needs

## THANK YOU TO OUR PARTNERS

Good+Foundation



**Mother Cabrini**  
HEALTH FOUNDATION



Department  
of Health



Department of  
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THE  
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Health



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